

September

Elementary School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is Free for all students . Served 8:15-8:40 in the Cafeteria</p> <p>DAILY LUNCH CHOICES: Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Fat White, or Fat Free Chocolate. Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices Students are able to eat of their last year's meal status for the first 30 operating days of school. The parents will need to complete a lunch form for them for the 22-23 school year. Full Paid students: Parents will need to get a lunch form in for the 22-23 school year at www.myschoolapps.com</p> <p>Pinellas County Schools FOOD AND NUTRITION ENERGY FOR EDUCATION</p>	<p>All Meals Include Milk & Fruit Choices</p> <p></p>	<p>All menus are subject to change! We do our best to provide our customers with all of our planned options; If necessary ,we may provide similar substitutions</p>	<p>1 CHOOSE ONE: Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Corn Niblets Mixed Side Salad</p>	<p>2 CHOOSE ONE Pizza Variety Chicken Tinga Taco Apple a Day Salad Combo Ham, Turkey and Cheese Sub CHOOSE: Green Beans Veggie Dippers</p>
<p>5</p> <p> LABOR DAY—NO SCHOOL</p>	<p>6 CHOOSE ONE: Breakfast for Lunch Mini Cheese Calzones Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup Deli Roasted Potatoes * Romaine Side Salad</p>	<p>7 CHOOSE ONE: Chicken Nuggets Lasagna Rollup Yogurt & Fruit Parfait Ham & Cheese Croissant CHOOSE: Corn Niblets Sliced Cucumbers</p>	<p>8 CHOOSE ONE Teriyaki Chicken & Rice Bowl w/ Roll Grilled Cheese Chicken BLT Salad Chicken Caesar Wrap CHOOSE: Broccoli Mixed Side Salad</p>	<p>9 CHOOSE ONE Pizza Variety Corn Dog Apple a Day Salad Combo Ham, Turkey and Cheese Sub CHOOSE: Sweet Potato Fries Fresh Veggie Dippers</p>
<p>12 CHOOSE ONE: Hamburger or Cheeseburger Chicken & Waffles Fruit & Yogurt Plate Turkey & Cheese Sandwich CHOOSE: Country Baked Beans Fresh Veggie Dippers</p>	<p>13 CHOOSE ONE: Taco Day ! Cheesy Bread Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup Broccoli Romaine Side Salad</p>	<p>14 CHOOSE ONE: Macaroni & Cheese Boneless Dill Chicken Wings Chicken BLT Salad Ham & Cheese Croissant CHOOSE: Crispy Fries Sliced Cucumbers</p>	<p>15 CHOOSE ONE: Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Corn Niblets Mixed Side Salad</p>	<p>16 CHOOSE ONE Pizza Variety Chicken Tinga Taco Apple a Day Salad Combo Ham, Turkey and Cheese Sub CHOOSE: Green Beans Veggie Dippers</p>
<p>19 CHOOSE ONE: Chicken Sandwich Beef and Cheese Nachos Fruit & YoguTurkey & Cheese Sandwich rt Plate Turkey Club Wrap CHOOSE: Santa Fe Black Beans</p>	<p>20 CHOOSE ONE: Breakfast for Lunch Mini Cheese Calzones Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup Deli Roasted Potatoes * Romaine Side Salad</p>	<p>21 CHOOSE ONE: Chicken Nuggets Lasagna Rollup Yogurt & Fruit Parfait Ham & Cheese Croissant CHOOSE: Corn Niblets Sliced Cucumbers</p>	<p>22 CHOOSE ONE Teriyaki Chicken & Rice Bowl w/ Roll Grilled Cheese Chicken BLT Salad Chicken Caesar Wrap CHOOSE: Broccoli Mixed Side Salad</p>	<p>23 CHOOSE ONE Pizza Variety Corn Dog Apple a Day Salad Combo Ham, Turkey and Cheese Sub CHOOSE: Sweet Potato Fries Fresh Veggie Dippers</p>
<p>26 CHOOSE ONE: Hamburger or Cheeseburger Chicken & Waffles Fruit & Yogurt Plate Turkey & Cheese Sandwich CHOOSE: Country Baked Beans Fresh Veggie Dippers</p>	<p>27 CHOOSE ONE: Taco Day ! Cheesy Bread Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup Broccoli Romaine Side Salad</p>	<p>28 CHOOSE ONE: Macaroni & Cheese Boneless Dill Chicken Wings Chicken BLT Salad Ham & Cheese Croissant CHOOSE: Crispy Fries Sliced Cucumbers</p>	<p>29 CHOOSE ONE: Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Corn Niblets Mixed Side Salad</p>	<p>30 CHOOSE ONE Pizza Variety Chicken Tinga Taco Apple a Day Salad Combo Ham, Turkey and Cheese Sub CHOOSE: Green Beans Veggie Dippers</p>

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